



HorseSense Quadrille Camp

at The Stables at Eagle Mountain
in Ellijay, GA

July 18-20, 2008

Learn to dance with your horse to your favorite music!

Our unique three-day Quadrille camp for young riders provides mounted and unmounted instruction in dressage fundamentals, music selection, choreography, teamwork and showmanship.

TENTATIVE SCHEDULE

FRIDAY, JULY 18: Intro/Pizza Party

move-in by 4 p.m. (call for late arrival)

4:30 p.m. - 8:30 p.m.

UNMOUNTED TOPICS

- ✓ Introduction to Quadrille concepts
- ✓ Saddlery
- ✓ Appropriate mounts

MOUNTED ACTIVITIES

- ✓ Intro to drillwork
- ✓ Quadrille demonstration

SATURDAY, JULY 19: Clinic

8 a.m. - 4:30 p.m.

UNMOUNTED TOPICS

- ✓ Fitness of rider/warm-up exercises
- ✓ Music selection guidelines
- ✓ Principles of choreography
- ✓ Costuming

MOUNTED ACTIVITIES

- ✓ Skill Drills: rating speeds, maneuvers
- ✓ Choreography/Practice

SUNDAY, JULY 20: Clinic/Show

8 a.m. - 4:30 p.m.

UNMOUNTED TOPICS

- ✓ Review of videotaped practice
- ✓ Showmanship
- ✓ Tack cleaning and turnout

MOUNTED ACTIVITIES

- ✓ Choreography/Practice
- ✓ **Quadrille Demonstration Show (4:00 - 4:30 p.m.) - families are encouraged to come watch**

FEES, STUFF TO BRING, AND DETAILS

FEES: \$85 for both days. Parents may audit one or both days at no charge!

REQUIREMENTS FOR RIDERS: Open to riders between the ages of 9 and 18. Clinic participants must be able to control their mounts safely and competently at a trot - the equivalent skills of a Pony Club D-1 or higher.

REQUIREMENTS FOR MOUNTS: Mounts should be sound and fit enough for 2 hours of strenuous work in the heat, relatively bombproof, and capable of working around other horses in close quarters without aggression. All participants must ride in English tack. A copy of your current negative Coggins and visual health check required upon arrival. We *may* have a few mounts available to lease for the camp on a first-come-first-served basis.

STABLING: We usually have a few stalls available for overnight boarding; we also have several paddocks for horses that can stay overnight in a pasture. Call to discuss options.

ATTIRE: We're gonna get dirty, so don't bring nice, new show clothes! Sturdy riding tights or jodhpurs will be most comfortable; stretchy riding jeans are fine. Paddock boots (or similar boots) and ASTM-SEI helmets are required. We



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will have a limited number of helmets available to borrow. We recommend bringing a change of cooler clothes for the unmounted sessions.

MUSIC: Campers will be divided into teams of 2, 3 or 4 riders. Each team will design a routine to music that they have selected. Campers should bring an audio CD with tracks that meet these requirements:

- ✓ Each song should last approx 4-6 minutes.
- ✓ Good quadrille music has a strong rhythm; you should be able to imagine yourself riding at a trot and/or walk.
- ✓ If your music has lyrics, they should be "G" rated, with a message that your audience will appreciate and enjoy.
- ✓ If you burn your own CD with a compilation of different songs, copy them with an .mp3 or .cda format.

BRING:

- ¢ audio CD with music (see instructions above)
- ¢ helmet, boots and riding clothes
- ¢ layered barn clothing appropriate for weather (shorts for unmounted stuff is a good idea!)
- ¢ rain gear (incl. changes of clothing and dry socks/extra boots)
- ¢ sunscreen
- ¢ folding chair
- ¢ at least one water bottle that we can refill from cooler; snacks/juice; lunch if you don't do the prepaid boxed lunch deal
- ¢ parents: don't forget folding chairs and cameras for the show!
- ¢ **NOTE:** please mark everything with your name so it doesn't end up in our bottomless Lost and It's Mine Box.

£ no £ yes: _____

£ My child is currently a student at The Stables at Eagle Mountain and would like to borrow a school horse for camp. I understand that school horses will be assigned by our instructor according to ability and availability.

[OFFICE USE ONLY: Horse _____ Helmet _____ Tack _____]

BOXED LUNCH OPTION (sandwich, cookie, & drink = \$5 per lunch)

£ Include us in the boxed lunch for _____ Saturday lunch(es) and _____ Sunday lunch(es). I have added \$_____ for lunches to my check.
£ We will bring our own lunch for both days.